

## FACIALS

La Biosthetique is an advanced skincare range using active plant extracts and relaxing aromatherapy, resulting in positive improvements in the skin. We will carry out an in-depth consultation prior to your facial to include a unique skin test. This will detect the condition of your skin and enables us to recommend the exact treatment and products your skin requires. Products are also available to purchase.

### Express facial

A perfect introduction to La Biosthetique, includes a unique skin test. Guarantees an instant pick me up when you're short on time, recommended for all skin types.

Approx 30 mins £22

### Angels touch purify facial

Recommended for oily, combination and congested skin. Draws out unwanted impurities, calms and heals. Skin will look clearer after just one treatment. Course recommended. Approx 60 min

£35

### Angels touch calm facial

Soothing facial, recommended for sensitive skin. Calms and reduces redness. Ideal for eczema and psoriasis. Contains an ice cold Tibetan ball massage. Approx 60 mins

£35

### Angels touch drench facial

Fine lines instantly plumped out following a marine moisture mask, leaving skin wonderfully smooth and rehydrated. Recommended for dehydrated skin. Approx 60 mins

£35

### Angels touch lift facial

Anti ageing facial, your skin will be left visibly younger, smoothed, toned, and firmed. Includes a magical peel off algae mask. Approx 75 mins

£42

### 'Very manly' facial

Includes a cleanse, exfoliate, facial massage, mask and moisturise.

Approx 45 mins £30

## BODYTREATMENTS

### Purifying back treatment

A wonderfully relaxing back massage to relieve stress and tension from your muscles. Followed by exfoliation and a purifying mask to rid your skin from impurities. Your back will be left clear, relaxed and glowing! Approx 45 mins

£32

### Cellulite treatment

A stimulating treatment that lifts and firms. It includes a relaxing neck and shoulder massage and a firming/lifting algae mask. A course of treatments is recommended to obtain best results

Approx 45 mins. £32

Course of 4 treatments £128 (includes a free anti-cellulite cream worth £30!)

### Full body 'detox' mud wrap

This nourishing wrap stimulates and drains toxins. Includes wrap, lymphatic drainage massage and a detoxifying mud to nourish skin.

Approx 60 mins £35

## SWEDISH MASSAGE

Swedish massage - a deep manipulative massage used to relieve tension in the muscles and promote relaxation.

Full body 60 mins £30

Back and shoulder 30 mins £18

## STONE MASSAGE

The use of deep penetrating, heated stones alternating with chilled stones to bring about chemical release within the body's systems. Stone massage works on every level, mind, body and spirit to create perfect balance.

Full body approx 75 mins £40

Back and shoulder approx 45 mins £28

## CACI

A non surgical facelift -This treatment is designed to give gentle exercise to the facial muscles by tightening and firming them.. It helps to tone, lift and re-educate the muscles back to their original position. Results are visible after one treatment but a course of treatments are required for more permanent results.

1 treatment £42

Course of 10 treatments £378

## HOPI EAR CANDLES

Hopi ear candles provide a non-invasive treatment for the ears. They are used to treat a variety of ears, nose and throat conditions such as sinusitis, rhinitis, excessive ear wax and tinnitus. This is a very relaxing and soothing treatment.

Single treatment £20

Course of 3 treatments £55

## WAXING

Using PHD safewax. The safest, most hygienic system available. Giving long lasting results for up to 6 weeks.

Full leg including bikini £25

Half leg £12

Bikini £9

Brazilian £15

Hollywood £20

Full arm £13

Underarm £8

Eyebrow shape £8

Lip/Chin £6

Lip & chin £9

Back/chest £17

## NAILS

Using O.P.I products to create perfect looking hands and feet.

Luxury manicure £22

Basic manicure £18

Shape and polish £10

Luxury pedicure £23

Basic pedicure £20

## **IBD GEL NAIL ENHANCMENTS**

IBD gel creates permanently shiny, incredibly transparent, natural looking nails. Gel nails feel remarkably natural, they are less damaging and just as durable as any acrylic system.

Full Set of extensions £40  
In-fills (includes 2 new tips) £25  
Nail tip repairs £5 per tip  
Natural nail overlays £25

## **IBD GELAC**

### **'THE NEW 14 DAY MANICURE'**

Gelac is a long lasting gel that is applied like a nail polish. It is hardwearing and comes in several colours including French polish. It is guaranteed not to smudge or chip and is ideal for toes as well as fingers.

Basic manicure with Gelac £24  
luxury manicure with Gelac £29  
Basic pedicure with Gelac £26  
Luxury pedicure with Gelac £30

## **SUNLESS SOLUTIONS SPRAY TANNING**

Over the past few years Spray Tanning has taken the beauty industry by storm with the increase in skin cancer, the sun's harmful UV rays and the ageing effect associated with the use of Sunbeds. Spray Tanning is now considered the safest and most effective way to achieve a flawless, natural looking tan. Full Body Tan £20

## **LASH PERFECT SEMI-PERMANENT EYELASH EXTENSIONS**

For a perfect look every day, individual eyelash extensions last for weeks. They are perfect for daily wear or for an active lifestyle. Lashes are made thicker and longer through professional application of an individual synthetic eyelash directly to your own natural eyelash.

Full set of lash extensions £55  
Maintenance per 30 mins £15

## **EYES**

Long lasting colour for lashes and brows. Lasts for up to 8 weeks Adds instant definition and enhances your facial features. \*A patch test is required at least 24 hours prior to treatment.

Eyelash tint £10  
Lash and brow tint £16  
Eyebrow tint £8  
Eyebrow shape £8  
False eyelashes £15

## **MAKE UP**

Have your make up applied professionally. Ideal for weddings, parties or have a lesson to pick up some tips.

Bridal make up including trial £65  
Make up lesson £35  
Occasion make up £30

## **BRIDAL PACKAGE**

Prepare for your wedding with a luxury manicure, luxury pedicure, make up including trial and spray tan. All for only £95.